City of Rochester Bicycle Master Plan



Public Meeting

December 13, 2010











- 1. Establish and Meet with a Project Advisory Committee (PAC)
- 2. Conduct a **Peer City Review** to Identify Best Practices
- 3. Inventory Relevant Local Plans
- 4. Conduct a Public Meeting
- 5. Evaluate Existing Conditions and Prioritize Improvements for City's Arterial and Collector Roadway Network









- 6. Assess the Feasibility of Other Bicycle Enhancements
- 7. Assess Potential **Zoning Code** Changes
- 8. Assist the City in Determining Air Quality and Health Benefits
- 9. Make Bicycle **Education & Outreach** Program Recommendations
- 10. Conduct a Second Public Meeting
- 11. Document the Findings in a Final Report











Rochester Bicycle Master Plan Project Schedule

Jun. Jul. Aug. Sep. Oct. May Nov. Dec. **Project Advisory Committee Involvement Peer City Review Inventory of Relevant Plans** Public Meetings (First Round) **Develop Criteria for Prioritizing Streets** Recommendations for Other Bicycle Enhancements **Assess Desirable Zoning Changes** Assist in Determining Air Quality Benefits Recommendations for Public Education / Outreach **Final Public Meeting Final Report**













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Project Advisory Committee

- City of Rochester
- Monroe County DOT
- New York State DOT
- Genesee Transportation Council (GTC)
- University of Rochester
- Rochester Cycling Alliance
- Citizen Cyclists













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Peer City Review: Peer Cities

- Boulder, CO
- Madison, WI
- Minneapolis, MN
- Montreal, Quebec
- Others as appropriate













Peer City Review: Topic Areas

- Bicycle Infrastructure 1.
- Bicycle Services (parking, end-of-trip, wayfinding)
- Municipal Code Language 3.
- **Education and Outreach Programs** 4.
- **Municipal Staffing Commitment**
- Private Sector Partnerships/Incentives 6.
- **Snow Removal Strategies**
- On-street parking vs. Roadway Retrofits 8.











Peer City Review: Highlights

- Boulder's Bike Corral Pilot Program
- Montreal's BIXI Bike Share Program
- Madison's Sunday Parkway Rides
- Boulder's Snow Removal Policies













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Inventory of Relevant Local Plans

- Trail Design Studies and Maps
- Neighborhood Infrastructure
 Improvement Studies
- Other Regional Plans











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Public Workshops (August 2010)

- Station 1: Welcome
 - Project Schedule
 - Workshop Response Form
- Station 2: Benefits of Bicycling
 - Benefits Poster
 - Individual Bicycling Habits
- Station 3: Existing Bicycling Conditions
 - Results Map
 - Tabular Results
 - Establishment of Target Level of Accommodation
- Station 4: Needs Identification
 - Base Map
 - Participant Response Map













Public Workshops (August 2010)

Benefits of Bicycling

Rochester Bicycle Master Plan

Bicycling helps the local economy...



Almost 20% of a family's budget is spent on transportation; more pedal power (and less fuel consumption) can mean real savings for families.

➤ Increased disposable income in turn stimulates the local economy.

>Improving bicycling conditions is a cost effective way of optimizing existing public infrastructure.

Bicycling communities are healthier communities...

Adding bicycling to your daily routine helps you stay healthier. 60% of Americans are overweight or obese. Bicycling is a great solution to the problem.

➤ 30 minutes of moderate exercise (like bicycling), 5 days a week can reduce risks for illnesses such as high blood pressure, heart disease, arthritis and depression.

➤ Bicycle trips create zero emissions, contributing to better air quality for the region (and cleaner air for you to breathe!).



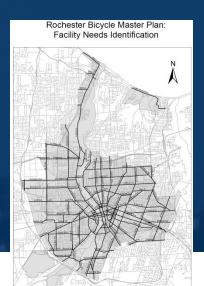
Bicycling communities are strong communities...

- ➤ Cities that promote bicycling retain youth, attract young families and increase social capital.
- Improved bicycling conditions add to the vitality and quality of life of the community and provide access to recreational destinations across the region.
- Improved bicycling conditions provide mobility for people who do not have cars, increasing access to jobs, education, and healthcare.
- ➤ Better bicycling conditions provide access to public transit, increasing transportation options.











Rochester Bicycle Master Plan Public Workshop Meetings August 2010 Public Response Form

Station 3: Existing Bicycle Conditions

Bicycling Conditions

Please help us understand your needs and expectations for bicycling conditions. Please bear in mind that better conditions come at a cost and take time to implement. Consider the following general constraints when making your selections:

Level of Service	Cost	Timeframe to Implement
Α	High	Long
В	Mod. High	Mod. Long
С	Moderate	Moderate
D	Mod. Low	Mod. Short
E/F	Low	Short

R	C	D	F	F
	В	в с	B C D	B C D E

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Existing Conditions Analysis

- BMP Study Network: Nearly 300 Directional Miles (Collectors & Arterials)
- Over 8,000 data items collected
- Bicycle Level of Service Analysis (national standard)
 - Width of Outside Lane
 - Width of Paved Shoulder, Bike Lane, or Striped Parking
 - Percentage of Occupied On-Street Parking
 - Traffic Volume
 - Traffic Speed
 - Percent Heavy Vehicles
 - Pavement Surface Condition











Existing Conditions Results

Distance-Weighted Network Average: 3.7 ("D")

City of Rochester Bicycle Master Plan DRAFT Existing Bicycling Cond	ions (Bicycle Level of Service)
---	---------------------------------

Seg ID	Road Name	From	То	Len- gth	Dir. of	Lan	es (L)		Tks.	Post. Spd.	Width of Pavemen			Occ. Park.	Pav	econ	Bic L(
				(Ls) (mi)	Ls) Sur.		Con	ADT	(HV) (%)	(SP _p)	W _t (ft)	W _i (ft)	W _{pa} (ft)	(OSPA) (%)	PC ₁ (15)	PC ₁ (15)	Score (17)	
7.0	Alexander Street	Mt. Hope Avenue	South Avenue	0.19	NB	2	U	5,462	4	30	14.0	0.0	0	40	3.0	-	4.52	
7.0	Alexander Street	Mt. Hope Avenue	South Avenue	0.19	SB	2	U	5,462	4	30	14.0	0.0	0	40	3.0	-	4.52	
8.0	Alexander Street	South Avenue	Clinton Avenue	0.17	NB	2	U	8,520	4	30	14.0	0.0	0	60	3.0	-	4.95	Ī
8.0	Alexander Street	South Avenue	Clinton Avenue	0.17	SB	2	U	8,520	4	30	14.0	0.0	0	60	3.0	-	4.95	4
9.0	Alexander Street	Clinton Avenue	Broadway	0.11	NB	2	U	11,534	4	30	18.0	0.0	0	0	3.0	-	3.81	THE
9.0	Alexander Street	Clinton Avenue	Broadway	0.11	SB	2	U	11,534	4	30	18.0	0.0	0	0	3.0	-	3.81	ſΗ
10.0	Alexander Street	Broadway	Monroe Avenue	0.20	NB	4	U	10,615	4	30	12.0	0.0	0	0	3.0	-	4.26	I
10.0	Alexander Street	Broadway	Monroe Avenue	0.20	SB	4	U	10,615	4	30	12.0	0.0	0	0	3.0	-	4.26	
11.0	Alexander Street	Monroe Avenue	East Avenue	0.46	NB	2	U	13,180	4	30	20.0	0.0	0	60	3.0	-	4.51	-
11.0	Alexander Street	Monroe Avenue	East Avenue	0.46	SB	2	U	13,180	4	30	20.0	0.0	0	60	3.0	-	4.51	
12.0	Alexander Street	East Avenue	University Avenue	0.24	SB	2	U	8,869	4	30	19.0	0.0	0	60	4.0	-	4.12	8
12.0	Alexander Street	East Avenue	University Avenue	0.24	NB	2	U	8,869	4	30	11.0	0.0	0	0	4.0	-	4.36	il .
13.0	Alexander Street	University Avenue	Main Street	0.16	NB	2	U	6,269	4	30	13.0	0.0	0	0	3.0	- 1	4.27	法
13.0	Alexander Street	University Avenue	Main Street	0.16	SB	2	U	6,269	4	30	17.0	0.0	0	50	3.0	-	4.40	Ĭ.
457.0	Ames St.	Maple St.	West Ave	0.36	NB	2	U	5,444	3	30	20.0	0.0	0	5	3.0	-	2.94	îl i
457.0	Ames St.	Maple St.	West Ave	0.36	SB	2	U	5,444	3	30	20.0	0.0	0	5	3.0	-	2.94	ĬΗ
123.0	Andrews St	Chestnut St	N. Clinton	0.26	EB	4	U	7,935	3	30	11.0	0.0	0	10	3.5	-	3.85	il -
123.0	Andrews St	Chestnut St	N. Clinton	0.26	WB	4	U	7,935	3	30	11.0	0.0	0	10	3.5	-	3.85	
124.0	Andrews St	N. Clinton	St. Paul	0.13	EB	4	U	6,375	3	30	11.0	0.0	0	20	3.5	-	3.56	4
124.0	Andrews St	N. Clinton	St. Paul	0.13	WB	4	U	6,375	3	30	11.0	0.0	0	20	3.5	-	3.56	В
125.0	Andrews St	St. Paul Street	Front St.	0.16	EB	2	U	6,704	3	30	22.0	8.0	0	10	5.0	5.0	0.53	TL.
125.0	Andrews St	St. Paul Street	Front St.	0.16	WB	2	U	6,704	3	30	22.0	8.0	0	10	5.0	5.0	0.53	
126.0	Andrews St	Front St	State St.	0.11	EB	4	U	6,014	3	30	11.0	0.0	0	0	5.0	-	2.89	
126.0	Andrews St	Front St	State St.	0.11	WB	4	U	6,014	3	30	11.0	0.0	0	0	5.0	-	2.89	
462.0	Arnett Blvd	Genesee Park Blvd	Genesee St	1.13	EB	2	U	6,134	3	30	20.0	8.0	0	30	3.0	3.0	2.27	L
462.0	Arnett Blvd	Genesee Park Blvd	Genesee St	1.13	WB	2	U	6,134	3	30	20.0	8.0	0	30	3.0	3.0	2.27	Е
215.0	Atlantic	University	Culver Rd	0.85	EB	2	U	6,121	3	30	14.0	0.0	0	0	5.0	-	3.34	С







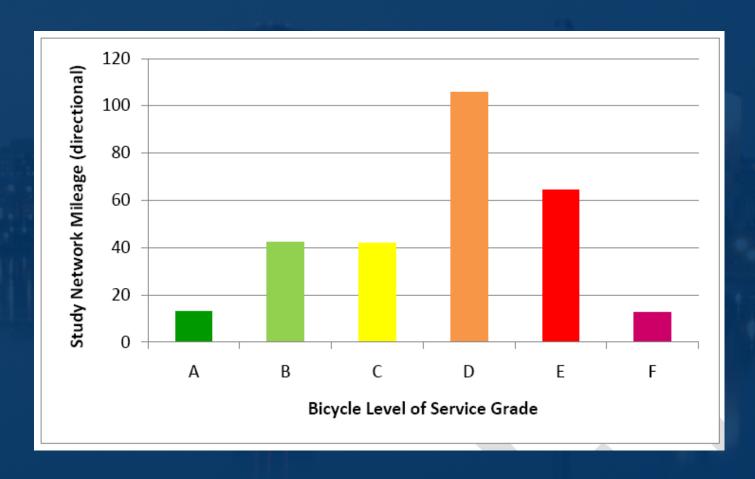








Existing Conditions Results











Network Recommendations

- Existing/Programmed Facilities
- Bicycle LOS Target Met
- Roadway Restripe Candidates
- Road Diet Candidates
- Detailed Corridor Study Needed

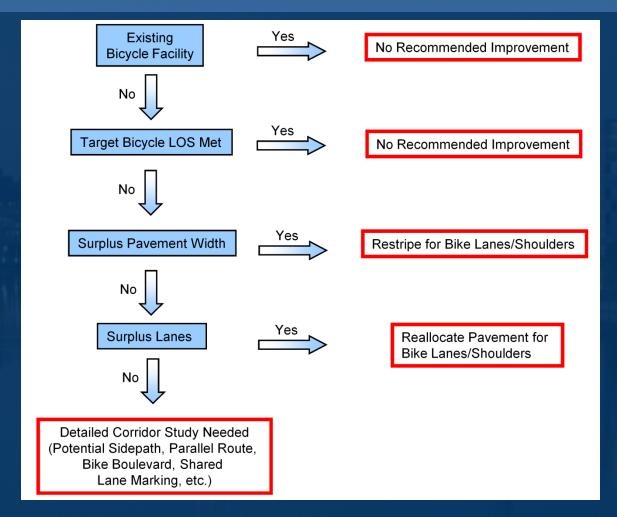








Recommendations Decision Tree













Results

- Existing/Programmed Facilities: 7 miles (5%)
- Bicycle LOS Target Met: 42 miles (30%)
- Roadway Restripe Candidates: 64 miles (45%)
- Road Diet Candidates: 7 segments
 (all restripe candidates as well)
- Detailed Corridor Studies Needed: 29 miles (20%)









Restripe/Parking Considerations

Of the 64 miles of potential roadway restripes:

- 1. No observed parking / geometry suggests *none* occurs (19 miles)
- No observed parking / geometry suggests some *may* occur
 (2 miles)
- Space to preserve parking on at least one side / Observed <=50%
 (19 miles)
- 4. Space to preserve parking on at least one side / Observed >50%(4 miles)
- 5. Observed >0% / no space to preserve any parking (20 miles)











Prioritization Criteria

- Existing Bicycling Conditions (Bicycle LOS)
- Public Input
- High-demand Destinations
- Transportation Equity
- Historical Crash Data













High-Demand Destinations

- University of Rochester/Medical Center
- Rochester Public Market
- Downtown Rochester
- Middle and High Schools
- Major Grocery Stores



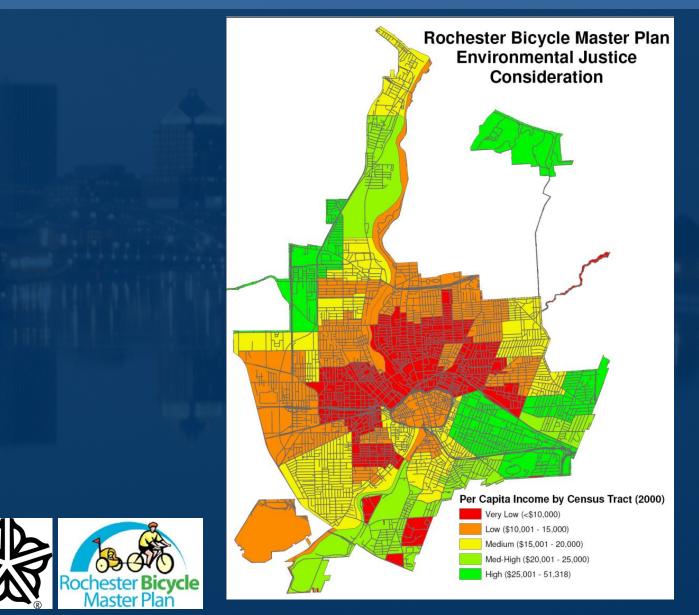








Transportation Equity

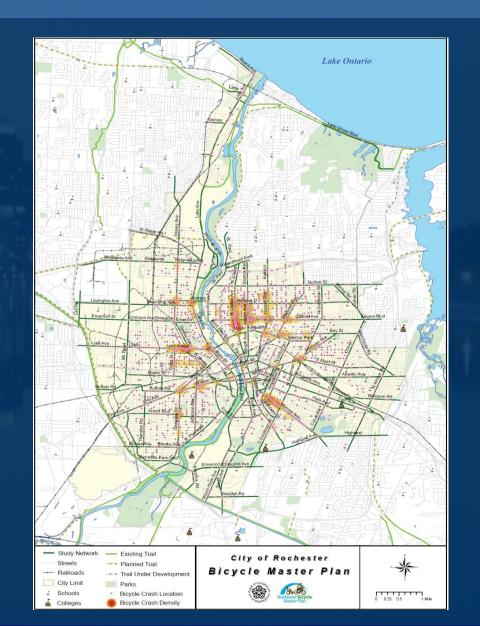








Historical Crash Data







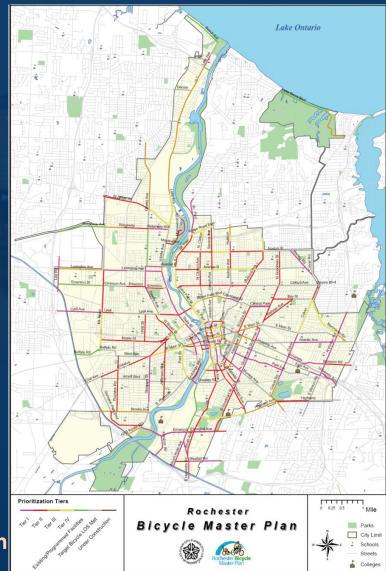




Prioritization Weighting Factors

- 25% Existing Conditions
- 15% Public Input
- 30% Demand
- 25% Transportation Equity
- 5% Historical Crash Data





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Additional Facilities and Treatments

- Shared Lane Markings ("sharrows")
- Bike Boulevards
- Bike Routes
- Bike Parking
- Others













Shared Lane Markings

Purposes

- Assist bicyclists with positioning
- Help avoid conflicts with parked cars

- 112 inches 72 inches
- Alert motorists to the fact that bicyclists are sharing the roadway
- Encourage safe passing distance
- Reduce incidence of wrong way bicycling
- Usually used on arterials and collectors with relatively low speeds







Photo Credit: Aaron Naparstek, courtesy of Streetsblog, Birth of a class iii bike route

Bike Boulevards

 Defined: "a local street or series of contiguous street segments that have been modified to provide enhanced accommodation as a through street for bicyclists while discouraging through automobile travel"

- Potential components:
 - Traffic Calming (speed pillows, traffic circles, etc.)
 - Traffic Diverters
 - Additional Signage and Pavement Markings
- Concept of a "one-off network"
- Potential Obstacles:
 - Crossings of Major Roadways (enhancements available)
 - Local Resident/Motorist Opposition
- Significant Support Currently Exists in Rochester







Bike only through access in Vancouver, B.C. (Photo Credit - Dan Burden)



Bike Routes

- Defined: "signed links between origins and destinations that have been improved for, or are for some reason considered preferable for, bicycle travel"
- Signage Options:
 - Wayfinding
 - Local Route System













Bike Parking

- Short Term Bicycle Parking (bike racks)
 - 2010 City purchase
 - City accepts requests for installation

- Intended for short term storage periods between 2-4 hours, generally uncovered and unsupervised. Relatively inexpensive.

 \$100-300 per unit (parks 2 bikes)

 Bike Rack
- Currently required for most new developments
- Long Term Bicycle Parking (lockers/shelters)
 - Recommended incentives to private sector
 - Recommended for regional transit hubs













Potential Bike Parking Locations

Short-Term Bicycle Parking	Long-Term Bicycle Parking
K-12 Schools	Transit Centers (RGRTA, Amtrak)
Libraries	Parking Garages
Recreation Centers	Large Office Buildings
Museums (The Strong, Roch. Museum and Science Center)	Multi-family Residential Buildings
Sports Stadiums (Frontier Field, Brown's Square Soccer Stadium)	Universities (U of R)
Event Centers (Blue Cross Arena)	Central Business District
Rochester Public Market	Tourist Destinations (High Falls)
Retail Areas	









Other Facilities and Treatments



Contra-flow bike lane in Washington D.C., Photo Credit - DDOTDC





A buffered bike lane treatment in Gainesville, FL



Bicycle traffic signal in Washington, D.C. Photo Credit - DDOTDC











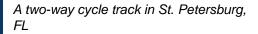
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Right turn bypass lane in Boulder, CO









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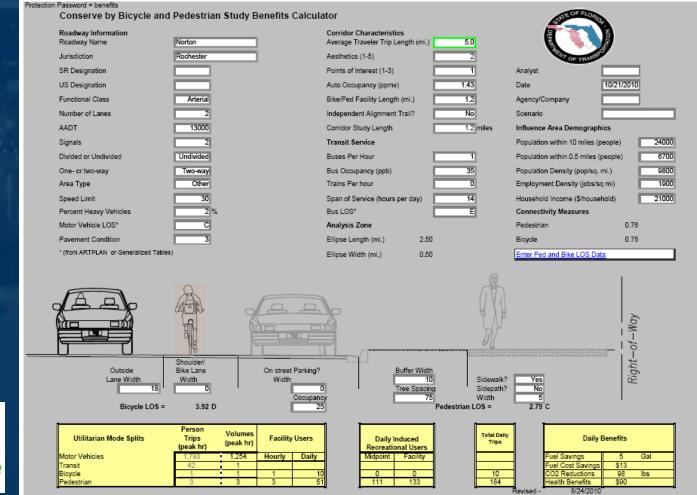






Benefits Training Workshop

Conducted for Agency Staff in October 2010





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Outreach & Education Programs

- Goals of a Program
 - Increase the number of bicyclists in Rochester
 - Improve safe/appropriate behavior by bicyclists and motorists
- Target Audiences
 - Young bicyclists (and their parents)
 - Adult bicyclists
 - Senior bicyclists
 - Underserved bicyclists

- Visiting bicyclists
- Motorists
- Pedestrians











Outreach & Education Recommendations

- Connect Partners to Maximize Effectiveness
- Identify a "Clearinghouse" Organization
- Develop (or Identify) Educational Materials
- Learn from Other Communities
- Develop an Education Plan









Catalog of Current O&E Partners

			Existing Program				Existing Partnerships			Highlights			
Partner Name	Bicycle Safety	Community Health	Environmental Concerns	Transportation Equity	Neighborhood Livability	Bicycle Safety	Community Health	Environmental Concerns	Transportation Equity	Neighborhood Livability	Programs or Partnerships of Note		
AARP						· · ·							
Boys & Girls Clubs of Rochester, NY	Æ	X *		Anna V		Æ	X*				Cyclopedia - connects bicycling to online documentation.		
City of Rochester Dept of Rec & Youth Services	Æ	X *									Bicycle rodeos, helmet giveaways, Recreation on the move		
Finger Lakes Health Association		XX											
Genesee Land Trust					龠		Х×	P			Working with city groups in 14621 to develop El Camino urban trail.		
Genesee Regional Off-Road Cyclists (GROC)	Æ	X *				Æ	X.X				Singletrack Academy to teach bicycle handling skills.		
Genesee Transportation Council	Æ	አ ፟ተ	P	A CERREN	₽	Æ	X.X	P	O-O-O-		Funds studies addressing key issues. Helmet brochure, bike map.		
Greater Rochester Health Foundation		X *											
Visit Rochester											Distributes information to visitors.		
Injury Free Coalition for Kids	Æ	X *									Kohl's Pedal Patrol that provides bike rodeos and helmets.		
Monroe Community College (MCC)		X*	P				X*	P			Curb Your Car program, LEED Projects/Bike Facilities.		
Monroe County Health Department		X *			龠		X.E				Partnered w/ University of Rochester Center for Community Health		
Monroe County/Rochester Public Libraries											Venue for education/outreach programs and distribution of materials		
Monroe County Office of Traffic Safety	Æ					\mathcal{F}					Programs are free and available to any school in Monroe County.		
Monroe County Planning Department													
RocCity Coalition											Many partnerships, not bicycle-related.		
Rochester Area Community Foundation													
Rochester Bicycling Club (RBC)											Dedicated to promoting cycling for health and well being		
Rochester City School District (RCSD)													
R Community Bikes, Inc.	Æ			O-O					O-O-O-		Bike and helmet giveaways, bike repairs for underserved		
Rochester Cycling Alliance	Æ	X *				Æ	X*X						
Rochester Insitute of Technology (RIT)	Æ	X *	\mathfrak{P}	O-O	ri Ti	Æ	××	\mathfrak{P}	O-O	*	Active Transportation Planning course		
The Strong	Æ	X*			_			_			Continual demand for programs, reaches many families & children		
University of Rochester		X *			in the second		አ ፟፟፟፟፟				On campus improvements, Active Transportation Symposium		
Wegmans					_								
YMCA													
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Questions, Comments, & Discussion – Thank You for Attending!







