

For additional copies of this brochure in either English or Spanish, call the Recreation main office at 428-6755.













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 $[\]ensuremath{^{\star}}$ THRIVE: Teens Helping to Reinvent Indentity, Values, and Empowerment

| Tennis Courts | Theater | THRIVE* | Volleyball | Water/ Spray Park | Weight Room | Youth Basketball | Youth Council | Youth Softball | Youth Floor Hockey |
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More great recreation programs to be a part of:



Rec on the Move: Check out our mobile rec centers that roll out to neighborhoods and parks around the city! Go to www.cityofrochester. gov/reconthemove to see schedules; or call 428-6985.

Swim Academy: swim lessons are offered to city youth in the fall, winter and spring. Youth 6-14 yrs. are free, preschool 4-5 yrs. are \$30/session. www.cityofrochester.gov/swimlessons or call 428-7456.

Ice Skating: Try our indoor (Genesee Valley Park Sports Complex) and outdoor (Manhattan Square Park) skating rinks! **www.cityofrochester.gov/skating** or call **428-7888.**

4-Season Youth Sports League: Youth can join several citywide organized sports leagues, including:

NFL Flag Football
9/9/12-11/30/12
Flower City Soccer
11/1/12-3/31/13
Floor Hockey
12/1/12-1/31/13
Basketball
2/19/13-5/16/13
Softball
7/1/13-8/16/13

Call **428–6755** or contact your local rec center.

Kids Café: Foodlink provides free healthy meals and snacks. www.foodlinkny.org

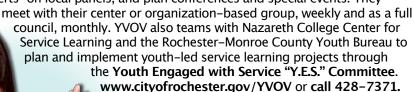
R.E.C. @ the Rec (Recreation, Exercise and Choreography at Rec centers: For youth ages 6–10 to participate in Dance, Double Dutch, and Step. www.cityofrochester.gov/recat therec or call 428–9865. Offered at School #43, Adams St., Ave. D, Carter St., Campbell St., Gantt, Flint, South, Ryan, and Roxie Sinkler Center

Real Truth About City Youth: is an initiative of the HEART Coalition for a Drug Free Rochester, run through recreation. Check out **www.cityofrochester.gov/truthabout cityyouth** to see facts, figures, posters and video that tell the real truth about city youth.

Biz Kid\$ Adventures in Fun for Profit: is a youth entrepreneurship program offered free to Rochester youth. Week-long Biz Kid\$ camp sessions are held during February break and April break for 14–18 year-olds and during summer recess for 10–13 year-olds. After graduating from Biz Kid\$, students can attend ongoing Biz Kid\$ and Beyond seminars and apply to the Biz Kid\$ Real youth business team responsible for the Vive lemonade and fruit cups currently being sold at local festivals. Call **428–7371** or **www.cityofrochester.gov/bizkids**

Helping Youth THRIVE: If you are between the ages of 11 and 18, join this unique opportunity to gain important life skills while making positive connections with peers, caring adults from neighborhood youth-serving agencies, and their community. Call 428-6816 or www.cityofrochester.gov/thrive.

Youth Voice, One Vision youth council members develop their own goals and strategies, conduct meetings, elect officers, meet with community leaders, participate as "youth experts" on local panels, and plan conferences and special events. They



Girls Coalition: A partnership between City Recreation and Nazareth College Center for Service Learning, the Girls Coalition strives to empower young women and promote leadership through the support of caring female advisors and girls-only programming. This program is currently offered at Ave. D, Campbell Street, Edgerton, Flint Street, Gantt and South Avenue recreation centers, as well as Ryan community center. Call 428-7371, contact your local recreation center, or visit www.cityofrochester.gov/girlscoalition

Adult Recreation Programs: A variety of organized activities are available exclusively for adults including softball, hockey, basketball, tennis, fitness activities, Big Band dances, and more! Call 428–6755 or www.cityofrochester.gov/sports for league info.



Earth Explorers: A unique program that immerses youth into the remarkable natural environment around them, right in the city. Activities include snowshoeing, geo-caching and nature hikes. www.cityofrochester.gov/earth explorers or call 428-8820

Horticulture Programs: Youth and adults can go green by taking part in Recreation's horticulture programs, which include Rochester Blossoms, Flower City Kids, Garden Contests, and more. www.cityofrochester.gov/ horticulture or call 428-8820

Flower City Looking Good and Winter **Adventures:** These annual series of activities and events connect Rochesterians with the remarkable nature around

> Volunteers give support and are always

needed and welcome!

Call 428-6755.

them, within the city limits! Many free activities including walks and runs, hikes, bike rides, canoeing/kayaking trips, cross-country skiing, snowshoeing, and much more. www.cityofrochester.gov/ winteradventures

Pathways to Peace: This intervention program is for youth at risk of involvement in violence. www.cityofrochester. gov/pathwaystopeace

Rochester Public Market:

Operated by the Recreation Dept., the extensive, historic, and popular Public Market features hundreds of vendors selling a vast array of foods and general merchandise. Call 428-6907 or www.cityofrochester.gov/publicmarket

Special Events and Festivals

Oct. 5-7, 2012 **Rochester River Romance** Feb. 10, 2013 **Lakeside Winter Festival** June 15-16, 2013 **Maplewood Rose Festival**

NFL Punt, Pass, and Kick local competition Sept. 26, 2012 Oct. 6, 2012 Haunted Hayride in Maplewood Park Oct. 12, 2012 City-wide Hispanic Heritage Events Oct. 20, 2012

NFL Punt, Pass, and Kick sectional competition

Oct. 21-31, 2012 Red Ribbon Week

Nov. 3, 2012 Steppin' Up To Solutions Youth Conference Dec. 1, 2012 Family Fun Day at Manhattan Square Park Rink

Dec. 2012 **Edgerton Train Room Holiday Tours** Dec. 2012 Kwanzaa and Breakfast with Santa Events

Dec. 31, 2012 New Years Eve Celebration at Manhattan Square Park Rink Jan. 21, 2013 MLK Skate to Commemorate at Manhattan Square Park Feb. 7, 2013 B.A.A.D. Party (National Black HIV/AIDS Awareness Day)

Feb. 2013 City-wide Black History Celebration Mar. 2013 Hot Shot Basketball Competition April 20, 2013 Global Youth Service Day project

May 2013 Pitch, Hit & Run

May 5, 2013 Kite Flight at Ontario Beach

June 7, 2013 Flower City Kids Planting Day at Ontario Beach

June 25, 2013 Beach Bash at NoLa's BBQ Closures

Nov. 12 Veteran's Day Nov. 22-23 Thanksgiving Holiday Dec. 25 Christmas Holiday Jan. 1, 2012 New Year's Holiday Easter Weekend Mar. 29-30 Memorial Day May 27

Staff Training & Preparation:

Tues.-Sat., Sept. 4-8, 2012; Wed., Oct. 17, 2012 and Sat.-Sat., June 15-22, 2013

After 5 pm: Thurs., Jan. 17, 2013

& Thurs., Mar. 21, 2013

ALL program offerings and schedules are subject to change.

Facility Rental: Several facilities are available for special events, such as Tay House, Lake Riley Lodge, Danforth Community Center Auditorium, Edgerton Stardust Ballroom, Manhattan Square Park Lodge and Genesee Valley Park Fieldhouse. www.cityofrochester. gov/facility rental or call 428-6755.

Get an EZ RecPass!

This pass gives you access to Recreation's large spectrum of programs and facilities: fitness & exercise programs and equipment; top-notch athletics

programs; outstanding arts programs; several swimming pools and spray parks; ice skating;

playgrounds; youth leadership opportunities and more! www.cityofrochester.gov/ezrecpass or call 428-6755.

NOTICE TO PARENTS:

The Department of Recreation and Youth Services offers activities for youth ages six and over. A responsible person must accompany, and remain with, any child under six. Staff is not authorized to hold youth in most activities or on the premises. Parents may inquire about programs that are designed to allow staff to keep participants until a specific time. Recreation also offers low-cost after-care options for children in grades K-6 through the After School in the Park programs. Call 428-6755 or www.cityofrochester.gov/ afterschoolprogram