

## Urban Gardening is Growing!

Improve your gardening knowledge this winter!

**WEDNESDAY SERIES:** A monthly speaker series taking place in collaboration with Cornell Cooperative Extension. All talks will take place at the **Cornell Cooperative Extension** offices at **249 Highland Avenue. Wednesdays, 6:30–7:30 p.m.**

**December 18** Gardening with Native Plants  
**January 15** Homeopathy and Herbal Medicine  
**February 19** Cut Flower Production  
**March 19** Spring Garden Tips  
**April 16** Rochester's Horticultural History

**SATURDAY SERIES:** An exciting line-up of speakers covering a wide range of topics.

**January 11** Gardening With Youth  
12–1 pm  
Sully Branch Library  
530 Webster Avenue

**January 25** Raising Urban Chickens  
11 am–12 pm  
Phillis Wheatley Library  
33 Dr. Samuel McCree Way

**February 8** Ecological Gardening  
12 pm–1 pm  
Maplewood Branch Library  
1111 Dewey Avenue

**February 22** Composting 101  
11 am–12 pm  
Winton Road Branch Library  
611 N. Winton Road

**March 1** Seed Saving  
11 am–12 pm  
Monroe Branch Library  
809 Monroe Avenue

For more detailed information about the presenters and topics included in this year's garden talk series please check out: [www.cityofrochester.gov/winteradventures](http://www.cityofrochester.gov/winteradventures)

### Learn More!

There are many other opportunities to learn about gardening this winter. Check out these websites:

- Cornell Cooperative Extension of Monroe County: [www.MYCCE.org/Monroe](http://www.MYCCE.org/Monroe)
- Rochester Civic Garden Center: [www.RCGC.org](http://www.RCGC.org)
- NOFA-NY: [www.NOFAANY.org](http://www.NOFAANY.org)



Questions? Call 311. Outside the City Call 428-5990

[www.cityofrochester.gov/winteradventures](http://www.cityofrochester.gov/winteradventures)

## Department of Recreation & Youth Services



2014 Flower City Looking Good

# WINTER ADVENTURES PROGRAM



City of Rochester, NY  Lovely A. Warren, Mayor



## GET OUT, BE ACTIVE, DISCOVER NATURE, AND TAKE A BREATH OF FRESH AIR!

Enjoy the great outdoors. Have a blast at the Lakeside Winter Celebration! Trade your boots in for snowshoes!  
Enter a winter photo contest! Have fun, get in shape or just make some new friends along the way.

### Outdoor Ice Skating

Martin Luther King, Jr. Memorial Park,  
353 Court St., 428-7541

**Open Skate:** Mon.–Fri., 12:00–1:30 pm, 3:40–5:10 pm, 5:30–7:00 pm, also Tues.–Thurs. 7:20–8:50 pm (if not rented)

**Adult Skate:** Mon.–Fri., 1:50–3:20 pm

### Indoor Ice Skating

Genesee Valley Park, 131 Elmwood Ave., 428-7889

**Open Skate:** Sun., 2:30–3:45 pm,  
Mon.–Fri., 12:00–1:15 pm, Sat., 5:00–6:15 pm

**Adult Skate:** Tues.–Thurs., 10:30–11:45 am,  
Fri. 10:00–11:15 am

Fees for both indoor & outdoor skating:

- Adults–\$5,
- 17 & under–\$2,
- Families–\$14,
- Season Pass for MLK Memorial Park–\$60,
- Season Pass for Genesee Valley–\$125.

City rinks offer winter season activities including figure skating lessons, broom ball, ice hockey & more. Group rentals available.



### Snow Cheap Trail Race Series

**Wednesdays: Dec. 18, Jan. 8, Jan. 22, Feb. 5, Feb. 19, March 5**

**6:45 pm, registration, 7:15 pm, race start**

A fun filled Winter trail series held Wednesday Nights from December through February in Cobbs Hill Park, Rochester, NY. Everything you loved about the Dirt Cheap Series now for the winter. Low price, crazy fun, great vibe, and tons of value.

Meet at Lake Riley Lodge, Norris Dr. & Culver Rd., Cobb's Hill Park. Preregistration required no later than 6:45pm on the day of the race. Races will be held snow or no snow, snowshoes or no snowshoes. Headlamps are required for all races. Post-race party, door prizes and fun!

**PRICES:** One Race– \$12.00; Entire Series– \$50.00. For more details and to register, please visit [www.FleetFeetRochester.com](http://www.FleetFeetRochester.com).

Snowshoes for rent at **Fleet Feet Sports, 2210 Monroe Ave., 732-1090** and the **City of Rochester Bureau of Recreation, 400 Dewey Avenue, 428-6755**.

Limited rentals available, so be sure to reserve in advance.





## Saturday City Snowshoe Hikes

We'll provide the snowshoes, and (hopefully) nature will provide the snow. Learn the basics and enjoy a new winter activity. Even if there isn't snow, we will go for a hike and play games. Look for the Rec on the Move truck at many of these activities. **Saturdays, 1 –3 pm**

- December 28** Edgerton Community Center  
41 Backus Street
- January 11** Adams Street Community Center  
85 Adams Street
- January 25** Avenue D Community Center  
200 Avenue D
- February 1** South Avenue Community Center  
999 South Avenue

## Snowshoe Rentals

Try snowshoeing on your own at any time. Rentals from City Recreation, 400 Dewey Ave., 9 am–4:30 pm, Mon.–Fri. except holidays. \$10 per day or \$15 per weekend.



## Sunday Park Hikes

Explore all the outdoors has to offer. Bring your family & friends for a wonderful winter hike. Snowshoes will be available for the hike at no charge. **Sundays, 1–2:30 pm:**

- January 12** El Camino Trail, meet at the playground at Clifford Ave. and Conkey Ave.
- January 26** Seneca Park, meet at the Seneca Zoo Parking Lot (off St. Paul Street)
- February 2** Highland Park, meet in front of Conservatory
- February 9** Lakeside Winter Celebration hike from Port Terminal building to Turning Point Park, meet outside terminal entrance.



## Winter In Washington Grove

**Saturday, January 11, 9:30 am–11 am**

Winter is a tough time, for you... and for plants and animals! Naturalist Peter Debes of the Friends of Washington Grove will uncover some signs of life and secrets of survival in the woods, and help you learn to recognize some of its old-timers by "barking up" some trees. Meet at the Nunda entrance to the Washington Grove, off Cobb's Hill Drive. Dress for the weather. Hand warmers suggested. Cancelled if there are high winds.

## Winter Wonderland Event

**Friday, February 21, from 1 pm–3 pm at Martin Luther King, Jr. Memorial Park.**

Winter Wonderland Event, hosted by Rec on the Move. Open to the Public, free of charge. Activities to include ice skating, snowman building contest, indoor crafts & free hot chocolate/snacks.



## Lakeside Winter Celebration

Join us at Ontario Beach Park for an outstanding winter celebration, including the 4th Annual Lake Ontario Wine Festival.

**Saturday, February 8th, 11 am–4 pm**

- Lake Ontario Wine Festival
- Chilly Chili Challenge
- Horse–Drawn Carriage
- Dog Sled Demo
- Frostbiter's Sailboat Racing
- Outdoor Children's Games
- Snow Sculpture Contest

**Sunday, February 9th, 12 pm–4 pm**

- 14th Annual Polar Plunge (Fundraiser for the Special Olympics)
- Frostbiter's Sailboat Racing
- Winter Hike: Turning Point Park @ 1pm

For a schedule of activities go to:

**[www.cityofrochester.gov/wintercelebration](http://www.cityofrochester.gov/wintercelebration)**



## Winter Photography Contest

**Deadline for entry is Feb. 28, 2014**

Calling all photographers amateur and professional alike. Enter your work in the first ever Shivering Shutters Winter Photography Competition. Any photograph that depicts a winter motif and first printed or produced from November 2013 through February 2014 is eligible. Selected by a jury of distinguished local photographers, the winning entries will be publicly displayed, assuring important exposure for your outstanding work.

## Passport to Family Wellness

Next time you are at Wegmans, look for the "Passport to Family Wellness" brochure. Inside the brochure you will find information about trails in the region.

## The Rochester Public Market

**280 N. Union Street, Open: Tuesday & Thursday, 6 am–1 pm & Saturday, 5 am–3 pm.**

**New this winter: Food Truck Sno-deo,** Sunday, February 16, 1–5 pm. Great food, winter family activities and more!

Watch for the return of the market shuttle in the spring. **[www.cityofrochester.gov/publicmarket](http://www.cityofrochester.gov/publicmarket)**

## Earth Explorers

A year-round environmental education program in the recreation centers, connecting youth to nature. Find out more about the Earth Explorers program at your neighborhood recreation center.

