Rochester Communication of the After School Programs, Sports Leagues, Special Events and More! wide B\(\text{lieve}. \) Lovely A. Warren, Mayor **Rochester City Council**

FALL IS HERE,

and students are heading back to school. The harvest at the Rochester Public Market is at its height – but not for much longer.

While we enjoy the changing leaves, we prepare for the winds of winter. Why not take this time of transition to make some positive changes in your own and your family's lives?

Our recreation programs offer many ways to explore and grow for children and adults alike. Make an effort to get fit, take up tennis, sign your kids up for outdoor adventures, to play music or join other families and seniors for fun events.

Rochester has wonderful parks and programs all across the city, and I invite you to make the most of them this fall.

Mayor Lovely A. Warren
City of Rochester, NY

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fin City of Rochester, NY









Department of Recreation & Youth Services Information

Dr. Daniele J. Lyman-TorresCommissioner

Eric Rose

Deputy Commissioner

Contact Us

The City of Rochester Recreation Bureau • 400 Dewey Ave., Rochester, NY, 14613 Phone: 428-6755 • Office hours: Weekdays, 9 a.m. to 5 p.m.

Facilities and Rental Information

Rochester Recreation offers a number of lodges, community centers, meeting rooms and gyms to rent for your next family party or special event. Visit www.cityofrochester.gov/facilityrental or call 428-6755 for more information.

R-Center Fall Hours of Operation

Monday - Friday, 2:30 - 9:30 p.m. (See page 6 for weekend hours) Satellite Centers:

#42 School:

Monday - Friday, 3:30 - 6:30 p.m.

#46 School:

Monday - Friday, 3:30 - 6:30 p.m.

#35 School:

Monday - Friday, 3:30 - 6:30 p.m.

#17 School:

Monday - Friday, 4:30 - 9:30 p.m.

Important Dates

Oct. 5, RCSD Superintendent's Day RCSD schools closed. Select

R-Centers open 9 a.m. - 6 p.m.

Oct. 8, Columbus Day

RCSD schools closed. Select R-Centers closed

Nov. 12, Veterans Day

RCSD schools closed. Select R-Centers closed Nov. 22 & 23, Thanksgiving

Administration Office and R-Centers closed

Nov. 30, Thanksgiving Holiday weekend

Select R-Centers open 10 a.m. - 5 p.m.

RCSD Half days

R-Centers open 10 a.m. - 6 p.m.



2018 marks the 200th anniversary of the birth of famed abolitionist and Rochester's favorite son Frederick Douglass. This year-long celebration is a unique opportunity to foster pride as a city of freedom fighters, both past and present. Douglass would be proud to see that we have made great strides in creating jobs, bringing vibrancy to our neighborhoods and creating better educational opportunities for all our residents.



Throughout the school year, the City R-Centers provide an engaging and nurturing after-school environment for city youth in grades K-12. Kids can enjoy an array of fitness and arts activities, get help with homework, and enjoy a free hot dinner and more.

After School in the Park

Throughout the school year, the City of Rochester's After School in the Park Program provides an engaging and nurturing after-school environment for kids in grades K-6. Conveniently located in Cobbs Hill Park, kids can take in an array of fun fitness, educational and arts activities, get help with homework, enjoy a free hot dinner and, best of all, make lasting friendships.

This school year, the program will run from Monday, Sept. 10, 2018 through June 25, 2019 on weekdays from 2 p.m. to 6:30 p.m. Cost is \$55 per week for city youth; \$45 per week for siblings. For just \$85 per week, youth can receive all-day care through this program during the winter and spring school recesses. The program is also available to youth living outside the city. Interested non-city residents should call for pricing and availability.

After School in the Park Program provides an array of great activities and benefits, including:

- School bus drop-off (Drop-off only. Must be arranged through the child's school by parents.)
- After-school hours (2-6:30 p.m.)
- Fitness and arts activities
- Healthy snacks and hot dinners
- Homework help
- Field trips
- Well-trained and friendly staff
- NYS registered Office of Children and Family Services site

R-Academy

After school, kids are looking for fun and friendship. They will find both at R-Academy. Kids can enjoy sports, arts and crafts, group games and more. But the focus of R-Academy is academic support and character development. Trained staff offer homework help, reading programs, health and nutrition education and a slate of engaging enrichment activities. Beginning

Sept. 10, R-Academy runs weekdays from 2:30 - 6:30 p.m. at all R-Centers. This program is free, however registration is required at your local R-Center.

Earth Explorers

Rochester boasts a rich natural environment which makes a wonderful outdoor classroom. This unique program immerses kids in nature where they learn by doing. Outdoor adventures include nature hikes, field trips and recycling/composting projects. Kids get involved in gardening at R-Center gardens and cook with the food they grow. For more information, visit www. cityofrochester.gov/earthexplorers or call 428-8820.

Youth Voice, One Vision: The Mayor's Youth Advisory Council

Youth Voice, One Vision (YVOV) is an active council of young people working together to make Rochester

a better place to live. YVOV has over 100 active members who come together regularly for training, networking opportunities, service learning initiatives and youth-led community conversations. Members take an active leadership role in planning service projects, making decisions collectively and finding solutions for issues that affect our community. Youth, adults, organized youth groups and other community organizations are all welcome. For more information, visit www. cityofrochester.gov/YVOV or call 428-6360.

Girls Coalition

The Girls Coalition brings together "positive girls doing positive things" with the support of caring female advisers. In addition to weekly meetings, members come together once a month for "Girls Night Out," girl-focused programming that reflects their needs and interests. Adults from the Bureau of Recreation, Nazareth College and the community act as mentors and role models for the participants. Call 428-6985, contact your local R-Center or visit www.cityofrochester.gov/girlscoalition.

Team I.M.P.A.C.T.

Focusing on boys' natural strengths, this program broadens their understanding about culture and what it means to be a positive and productive man in today's society. Adult mentors lead activities and dialogue that challenge myths about what it means to be a "real man." Call 428-6481.

T.H.R.I.V.E.

T.H.R.I.V.E. (Teens Helping to Reinvent Identity, Values and Empowerment) is a structured, youth-driven afterschool program offered at Danforth Community Center with invigorating group discussions with certified facilitators. THRIVE helps young people prepare for successful adulthood through fun, engaging and youth-led curriculums. THRIVE also hosts the Students Making a Change (SMAC) Youth Leadership Team for

youth who demonstrate leadership qualities. SMAC youth receive stipends and complete leadership curriculums. They also participate in and facilitate workshops. For more information, visit www.cityofrochester. qov/thrive or call 428-7913.

R.I.S.E.

R.I.S.E (Reach Inside, Strive for Excellence): RISE is a community-wide collaboration to promote healthy behaviors through handson experiences. The programs and activities of RISE derive from evidence-based sexuality curricula delivered in high school and community settings. The programs focus on risk reduction through abstinence and safer sex practices, positive peer pressure and youth advocacy, and increased access to health care, information and treatment.

For more information, visit www. cityofrochester.gov/RISE or email RISE@cityofrochester.gov.

ROCmusic

The ROCmusic Collaborative, inspired by Venezuela's revolutionary El Sistema music project, is a tuition-free community music program that offers classical music classes and instrument lessons to city youth in grades 1-12. No previous musical experience or training is required. The program is designed to instill a love of learning, support academic success and affect social change by engaging children and their families in the experience of making and appreciating classical music. Interested students can pick up an application at the Gantt or Edgerton R-Centers or online at www. ROCmusic.org.

ROCmusic @ Gantt serves students in grades 1-12 and operates Monday, Wednesday and Friday, 4-6 p.m.

ROCmusic @ Edgerton serves students in grades 1-4 and operates Tuesday and Thursday, 4-6 p.m. For more information, visit www. cityofrochester.gov/rocmusic.



Youth Voice One Vision

One of the City's most unique and revered programs: Youth Voice, One Vision (YVOV) allows urban youth to use their voice and share their issues serving as the Mayor's youth advisory council. Active since 1996, YVOV has over 100 contributing members who come together regularly for training and networking opportunities, service-learning initiatives and youthled community conversations. YVOV is uniquely structured to mirror the actual Rochester governmental structure. Four full-council meetings are held, giving over 50 youth from various R-Centers the opportunity to represent their constituents and engage in dialogue with Mayor Lovely A. Warren. For more information visit www.cityofrochester.gov/yvov/



ROC Paint Division

Created in 2015, Roc Paint Division's mission is to beautify the City's R-Centers through mural arts while providing employment and training opportunities to young artists. This year, under the leadership of local artists Justin Suarez and Brittany Williams, a team of 11 youth collaborated on creating public art under the theme of their choice: Representation. Visit www.rocpaintdivision.wordpress.com









In June, Mayor Lovely A. Warren and Commissioner Daniele Lyman-Torres debuted the "Reimagined" Campbell St. R-Center at 524 Campbell St. Extensive renovations were implemented to make the building not only safer but more functional for the youth and families who utilize it. The building re-opened as a Sports Magnet site which means extended hours and days of operation to offer specialized training and playing time for athletic teams that call "the Bell" home. On June 27, the Mayor and Commissioner welcomed the city in for a ribbon cutting, facility tours and a reception to announce its official grand re-opening. The renovations include a new gymnasium, kitchen

with room for nutrition classes and demos, fitness room, as well as an outdoor spray park, new athletic fields, playground and expanded entrance to increase accessibility. Since re-opening the center has hosted events, welcomed in hundreds of youth and families to enjoy the renovations and begun its extended athletic programming. Amazing what a little re-imagination can do!

Campbell St. becomes a Sports Magnet Site

Beginning this fall, the Campbell R-Center will become a 7-day-a-week "Sports Magnet Site." The program will focus on the enhancement of athletic development of youth in

middle school and high school with local professionals that specialize in basketball, soccer, baseball, lacrosse, football and fitness. The program will be held 6 - 8 p.m., Mon. - Fri. and 10 a.m. - 2 p.m., Sat. and Sun. Listed below are the focus areas and their schedules:

- Basketball, Sept. to Nov.
- Soccer, Nov. to Dec.
- Baseball/Lacrosse Jan. to mid-March
- Fitness, April to June
- Football, late June to mid-August

For more information, contact Anthony Calderon, Center Director at 428-1352

We're Takin' it to the Streets! The Rec on the Move mobile recreation centers bring the benefits of City R-Centers right to city neighborhoods.

Rec on the Move increases access to the many healthy, educational and fun activities that City R-Centers provide. The mobile units give youth and families a safe and comfortable neighborhood location to enjoy healthy activities and each other. Recreation on the Move embodies the City's commitment to youth and families in all its neighborhoods.

What to Expect

Rec on the Move offers free access to sports, group games, read-aloud time, book giveaways, health and wellness information, homework help, healthy snacks, arts activities and more!

Request Rec on the Move

Interested in having Rec on the Move roll into your neighborhood or your event? Visit www.cityofrochester. gov/reconthemove and download an application form, complete and send by email as a Word file or PDF attachment to Shannon Grieve at grieves@cityofrochester.gov.

Please note, due to the high demand for our service, we cannot book events that are less than three hours in length. For more information, visit www.cityofrochester.gov/ reconthemove.





Friday Family Fun Night

Friday evenings are for family fun at your local R-Center. Enjoy movies, group games, dancing, cooking classes and more. Family Fun Night runs from 6-8 p.m. Remember, families who play together, stay together!

RISE - Family Talk

The Family Talk series helps parents, grandparents and other adults communicate with youth about sensitive topics such as sexual health, healthy relationships, STIs, HIV and substance use. For more information, visit www.cityofrochester.gov/RISE or email RISE@cityofrochester.gov

Danforth Seniors

Come and join neighborhood seniors at the Danforth Community Center for activities such as horseshoes, breakfast and lunch clubs, cards, "Get Fit" club and field trips throughout the season. Please call 428-6746 for more information.



R-Center Locations & Amenities

Playground

Gym

Computer Lab

Outdoor Courts

Game Room

Meals

Community

Swimming Pool
Spray Park

Teen Lounge

Community Meeting Space

* After-school satellite

Fitness Center

Performance Space

Adams Street 🦃 🏞 🥝 🜳 💎 🔁 🚱 📵

Address: 85 Adams St. Phone: 428-7266 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

Flint Street 🤼 🏠 📵 🛜 🔽 🔘

Address: 271 Flint St. Phone: 428-7001 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

Roxie Ann Sinkler 😽 🄝 🕒 🛜 🔘

 $\textbf{Address:}\ 75\ \text{Grover St.}\ \ \textbf{Phone:}\ 428\text{-}7827\ \ \textbf{Hours:}\ \text{M-F,}\ 2\text{:}30\text{-}9\text{:}30\ \text{p.m.}\ \big|\ \text{Closed Sat.}$

Humboldt 🤧 🄝 🌎 🖵 👸 🔘

Address: 1045 Atlantic Ave. Phone: 428-7294 Hours: M-F, 2:30 - 9:30 p.m. | Closed Sat.

Frederick Douglass 🦃 🄝 📵 🤝 🐨 💆 🔞

Address: 999 South Ave. Phone: 428-6015 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

Thomas P. Ryan 🤼 🄝 🧌 😜 🖨 🔁 🐯 📵

Address: 530 Webster Ave. Phone: 428-7828 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

* #35 School 🗫 🏠 📵 📵

Address: 194 Field St. Phone: 271-4583 Hours: M-F, 3:30 - 6:30 p.m. | Closed Sat.

* #46 School 😽 🏞 🚇 📵

Address: 250 Newcastle Rd Phone: 288-8008 Hours: M-F, 3:30 - 6:30 p.m. | Closed Sat.

Avenue D 🤼 🏗 🖨 🛜 🔁 🔘

Address: 200 Ave. D Phone: 428-7934 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

Carter Street 😣 🌣 🧊 🚇 😭 🖨 🔁 🚳

Address: 500 Carter St. Phone: 428-7890 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

David F. Gantt 🦃 🄝 📦 😭 😭 💆 🔞

Address: 700 North St. Phone: 428-7149 Hours: M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m.

Campbell Street 🤬 🏞 📮 📦

Address: 524 Campbell St. **Phone:** 428-7860 **Hours:** M-F, 2:30 - 9:30 p.m. | Sat 10 a.m. - 5 p.m. | Sun 10 a.m. - 2 p.m

Edgerton 🔄 🔊 😭 🖨 🚱 📵

Address: 41 Backus St. Phone: 428-6769 Hours: M-F, 2:30 - 9:30 p.m. | Closed Sat.

* #17 School 🚱 🏞 📵 🍪 🔘

Address: 158 Orchard St. Phone: 899-9211 Hours: M-F. 4:30 - 9:30 p.m. | Closed Sat.

* #42 School 😣 🎝 📳 🔁 💽

Address: 3330 Lake Ave. **Phone:** 428-7829 **Hours:** M-F, 3:30 - 6:30 p.m. | Closed Sat.



Get physical this fall. R-Centers offer a great selection of pickup and organized youth and adult sports programs.

Youth Leagues

Rochester City Soccer League (Indoor Soccer/Futbol)

Indoor Soccer is a free co-ed program that offers high quality soccer instruction to city youth for ages: under-7, under-10, under-13 and high school teams. Registration begins Oct. 1 at either www. rochestercitysoccerleague.com or your local R-center. Rochester City Soccer League will provide a free clinic on Saturday Nov. 3, with time and place TBA. League play begins Nov. 5. Kids learn the rules of the game, practice their skills and engage in team play, all in a fun environment that focuses on fairness and character development. For more information, please call Nicole Hercules at 305-1136 or Don Corey at 428-7592.

NFL Flag Football

NFL FLAG football is the premier youth flag football league for boys and girls up to 15 years old. This non-contact, continuous action training program helps kids build skills and learn teamwork. Practices will take place at local R-Centers. Register at your local R-Center Aug. 13-Sept. 21. Games will be played at Edgerton Park. Players ages 13-15 begin on Sept. 24 on Mondays and Wednesdays at 5:30, 6:30 and 7:30 p.m. Players ages 12 and under begin on Sept. 25 on Tuesdays and Thursdays at 5:30, 6:30 and 7:30 p.m. Coaches and volunteers welcome. For more information, call 428-7592.

Wrestling

Wrestling teaches kids the relationship between effort and achievement, both as individuals and as team members. R-Centers, in partnership with the City-Catholic Wrestling Association, offer city youth ages 8-14 a chance to try this unique sport. Thomas P. Ryan R-Center, Mondays and Wednesdays (6-8 p.m.) and Saturdays (TBA). Register at Ryan R-Center beginning Aug.1. Program

begins Dec, 3 and ends April 20, 2019. For more information, call 428-7721 (Ryan R-Center).

Floor Hockey

The Carter Street and South Avenue R-Centers host a city-wide indoor hockey league for youth 15 and under with support from the Rochester Amerks. Learn the game or hone your skills. Register at either R-Center beginning Monday, Nov. 5. Season begins Tuesday, Dec. 4. Games are played on Tuesdays and Wednesdays at Carter Street and Thursdays at South Avenue at 5:30, 6:30 or 7:30 p.m. There is no charge for this program. For more information, call 428-7592.

Adult Lessons (Ages 18+)

Tennis Lessons

Tennis is good for your mind and your body. The City's Adult Tennis Program, offered in partnership with Swing Tennis Academy, provides professional instruction for all levels of play. The cost is \$99 for eight 90-minute lessons. Morning and evening classes are available Sept. 5 through Oct. 2. Lessons run Tuesdays and Thursdays at Genesee Valley Park; Mondays and Wednesdays or Saturdays and Sundays at Cobbs Hill Park. Pre-registration and prepayment is required on or before Sept. 5. For more information or to download a registration form, visit www.cityofrochester.gov/tennislessons or call 428-6755.

Fitness Classes

Looking for a fun way to burn calories and get in shape? Jump into a free R-Center fitness class! These classes are suitable for all ages and fitness levels. Classes include aerobics, soul, line dancing, ZUMBA and strength training. Youth younger than 18 must be accompanied by an adult. Mats and hand weights provided where needed.

Locations

David F. Gantt R-Center Zumba Classes by Shirley B, Tuesdays & Thursdays, 6:30-8 p.m.

Flint Street R-Center Thursdays, 6-7:30 p.m. Line Dancing

For more information, contact individual R-Center.

Fitness Centers

Build some healthy habits before the temptations of the holiday season begin. High-quality workout facilities are located at the Adams Street, David F. Gantt, Frederick Douglass, Avenue D and Flint Street R-Centers, and new in the fall of 2018 at Campbell R-Center. These R-Centers have Blood Pressure Pulse machines so you can monitor your heart health and AEDs (Automated External Defibrillators) for your safety. Call individual R-Centers for times and equipment availability.

Skating

Dr. Martin Luther King Jr. Memorial Ice Skating Rink

Outdoor skating is something special and so is this kidney-shaped ice skating rink in the heart of Downtown.

Enjoy fun on the ice, a warming shelter with a heated floor and fireplace, and up-to-date sound and lighting systems. Watch for special events throughout the season, which begins on Saturday, Nov. 17 (weather permitting). Organizing a special event of your own? Both the rink and lodge, which offers a full kitchen and seating for 228 people, are available to rent. To make a reservation, call the permit office at 428-6755.



Genesee Valley Park Ice Arena

The Genesee Valley Park Ice Arena, located at 131 Elmwood Avenue, hosts recreational ice skating for all ages, including a youth hockey club, adult ice hockey leagues, speed skating and sled hockey. The ice rink can also be rented for events, birthday parties and more. The rink opens for the season on Sunday, Sept. 9 and closes Sunday, April 7, 2019. Adults interested in leagues should call 428-7888

GVP Rink Special Events: Haunted House Open Skate

7 - 9 p.m., Friday, Oct. 26; and Saturday, Oct. 27

ROC the Riverway Weekend Skate

5 - 7 p.m., Saturday, Oct. 6; 1 - 2:15 p.m., and 2:30 - 3:45 p.m., Sunday, Oct. 7

Columbus Day Family Open Skate

12-1:15 p.m. and 3:15-4:30 p.m., Monday, Oct. 8

Sled Hockey Clinics

12 - 1:30 p.m., Oct. 6; 12 - 1:15 p.m.; and 3:15 - 4:30 p.m., Oct. 8 12 - 1:30 p.m., Oct. 16 3 - 4:30 p.m., Nov. 17

Skate and Salute

12 - 1:30 p.m., Dec. 15

1 - 2:15 p.m.; and 2:30 - 4 p.m., Sunday, Nov. 11

Skate with Santa

1 - 2:15 p.m.; and 2:30 - 3:45 p.m., Sunday, Dec. 23

Indoor & Outdoor Skating Fees

Adults: \$5

Youth ages 17 & under: \$2 College students w/ID: \$3 Family maximum: \$14 Season pass for MLK: \$60 Season pass for GVP: \$125

Swimming

Adams St. Indoor Pool

The beautiful and heated indoor year-round pool is undergoing renovations which will include a new accessible ramp, chair lift, improved lighting, new locker rooms and more. Opening in late fall, 2018. For more information, call 428-7888.

Clinton Baden Indoor Pool

This 25-yard, six-lane indoor swimming pool is now open yearround beginning Sept. 10. Hours vary. Call for more information 428-6908.

Genesee Waterways Center

Explore the Genesee River with the Genesee Waterways Center (GWC). Located in Genesee Valley Park, GWC offers rowing, sculling and outrigger canoe courses as well as kayak and canoe rentals. Regular rental season ends in September, but weekend rentals will be available into October (except Oct. 6 and 7, when GWC will host the Head of the Genesee Regatta.) Recreational activities and year-round classes are open to all ages and ability levels. GWC also hosts community events throughout the year. Visit www. geneseewaterways.org for schedules and rates.





The City offers a variety of special events for everyone to enjoy!



Punt, Pass and Kick

Wednesday, Sept. 26, Location: TBD PP&K, the NFL's oldest grassroots initiative, is designed to let kids ages 6-15 learn football fundamentals in an engaging and supportive non-contact environment. There are five age categories for both boys and girls: ages 6-7, ages 8-9, ages 10-11, ages 12-13 and ages 14-15. To pre-register, visit any R-Center or register on the day of the event. You must be able to provide proof of age. For more information call 428-7592.

Annual Rochester River

Challenge Cape Ability Outrigger Ohana (CAOO) invites adults and youth of all abilities to participate in

the largest outrigger canoe sprint race on the East Coast. No experience necessary! Team up with family, friends or co-workers for this unique and fun day on the Genesee River. All proceeds benefit CAOO whose mission is: "To provide the opportunity for individuals with disabilities to gain confidence and dignity through participation in paddle sports, recreation and related educational programs." For more information or to register, visit www. adaptivecanoeing.org.

ROC the Riverway Weekend

Friday, Saturday and Sunday; Oct. 5, 6 and 7. A weekend to experience the Genesee River and its importance to our community. For a complete schedule, visit www.cityofrochester. gov/ROCtheRiverway.

Pumpkins in the Park 5K

Saturday, Oct. 27, Cobbs Hill Park Win by speed or by costume! Before you go out to trick-or-treat, put on your costume and run in this familyfriendly USATF Certified Halloween 5K; kids' distances include 1/4 mile, 1/2 mile and mile. A portion of proceeds will benefit the Rochester Youth Sports Foundation which helps city kids get into sports. Registration opens at 7:30 a.m. Adult races start at 9 a.m. Youth races at 9:45 a.m. For more information, or to register, visit www.yellowjacketracing.com/races or stop in to your local Fleet Feet store.

Post-Thanksgiving Family

Fun Day Friday, Nov. 30. The City R-Centers will host a special event for children and their families to help you burn off that turkey and Thanksgiving pie the fun way! Call your local R-Center for details.



Hispanic Heritage Month Sept. 15 - Oct. 15, 2018

Celebrate Hispanic Heritage Month with a series of events that highlight Latino culture.

Latino Golf Tournament

Sat., Aug. 25, Noon - 6 p.m. Braemar Country Club, 4704 W. Ridge Rd., Spencerport, NY. What could be better than a day on the golf course for a good cause? Join us for an exciting 18-hole tournament!

Kickoff

Sept. 14, Noon - 2 p.m. City Hall, 30 Church St.

Youth Theatre Night

Sept. 21, 5:30 p.m. - 8:30 p.m. City Hall, Council Chambers, 30 Church St.

Who can resist a lively night of Latin Theatre. Celebrate Hispanic culture with unique preformances and creative narratives. Refreshments and delicious Latin pastries will be provided.

Abuelitos Event

Sept. 26, 6 - 8:30 p.m. City Hall Our grandparents are appreciated and deserve to be honored. Join us in recognizing our "Abuelitos" for the sacrifice, wisdom and unconditional love they have shown us. Enjoy live music, Spanish cuisine and the crowning of the 2018 Abuelito and Abuelita of the year!



Youth Dance Night

Oct. 5, 5:30 - 8:30 p.m. MLK Park Lodge, 353 Court St. This is a perfect opportunity for Rochester's youth to gather and celebrate our culture.

Rise Up Latina

Oct. 11, 5 - 9 p.m. at MLK Park Lodge, 353 Court St. An event designed to expand and strengthen like-minded women to reach their potential. Where Latinas can learn from one another, be heard and engage with leaders in our community.

Latino Documentary

Oct. 17, 6:30 - 8:30 p.m. Little Theatre, 240 East Ave. *Afro-Latinos*, an untaught history is a documentary about the African Diaspora in Latin America.

Unidos Bailamos

Nov. 10, 8 p.m. - 2 a.m. Rochester Riverside Hotel 120 East Main Street We will gather to celebrate our heritage with music and dance.

Annual Latino Student College Fair

Nov. 16, 9 a.m. - 1 p.m. High school students will have the opportunity to interact with college representatives from all over the region.

For more information, visit www.cityofrochester.gov/hhm or email: hispanicheritagemonth@cityofrochester.gov





Did you know that the 113-year old City of Rochester Public Market at 280 North Union Street is a facility and program of the Department of Recreation and Youth Services?

This iconic Rochester institution is open year-round and offers nearly 50 days each year with free-admission special events such as Community Garage Sales, Food Truck Rodeos, Flower City Days plant sales, Halloween at the Market and Holidays at the Market.

Regular Market shopping days are Tuesdays and Thursdays from 6 a.m. - 1 p.m. and Saturdays from 5 a.m. - 3 p.m.

The Public Market offers a huge volume and wide variety of produce and other foods and general merchandise from the most local to the most international. It is a place to

experience culture and community as well as commerce. In many ways, it is an "old world" market experience, complete with musicians and other street performers, community organization exhibits and tables, free nutrition and cooking demonstrations, samplings and much more to enhance your market experience.

Variety and Value: Use Your SNAP Benefits at the Market

The Market Token Program is the nation's best farmers market program for SNAP (Supplemental Nutrition Assistance Program, also known as food stamps) benefit recipients. SNAP recipients simply visit the Market Token Center—the white boxcar-like building right behind the Market Office brick house—with their electronic benefits card and receive wooden tokens that function as cash at dozens of Market vendors.

An Even Better Market in 2018

While the Public Market is largely an outdoor experience (we have three covered outdoor vending sheds), a brand-new, state-of-the-art fully enclosed vendor building opened in 2017 as part of an \$8.5 million improvement project. A new outdoor covered vendor shed, modeled

beautifully after an original structure that was demolished in the 1960s, provides more opportunity for vendors and even more variety for shoppers.

Getting to Market

If you're driving, the best access point to the Market is from the Scio Street entrance, which opens into a large surface parking lot. A handy pedestrian/trolley bridge over North Union Street is available from this lot, built on a retired railroad spur.

The Market also offers two Pace Bike Share stations, and a Bike Incentive/Reward Program for those who use bicycles as transport to the Market. (Go to www.cityofrochester.gov/biketomarket to learn more.)

There are also Rochester Transit Service bus stops right outside the Market gates on North Union Street. Go to the RTS Trip Planner at www. myrts.com and use 280 North Union St., Rochester, NY 14605 for the Market's address.

Our tractor-pulled, open-air Market grounds trolley ferries customers from the Market to the parking areas and bus stop locations on Thursdays and Saturdays from May through October.



Selling at the Market

The Public Market makes it easy for businesses and entrepreneurs to sell their wares to a large, diverse and enthusiastic customer base. To learn more about qualifying products and the vendor process, call 428-6907 Tuesday through Friday mornings, or go to www.cityofrochester.gov/marketvendors.

In 2018, qualifying city-based businesses can get their first vending day at the Market free through the new City Entrepreneurs at the Market program. Go to www.cityofrochester. gov/CEAM or call 428-7282 for more information.

Special Events at the Public Market

Community Garage Sales

Imagine dozens of garage sales, all lined up together so you don't have to drive from place to place. You need not imagine it because you can see it for yourself at the Market. An amazing array of collectibles, curios and much more! Cafes and coffee shops open on the Market and in the surrounding Market District too. Free admission. Sundays, 8 a.m. - 2 p.m.

Fall dates: Sept. 9, 23, 30; Oct. 7, 14 www.cityofrochester.gov/garagesales

Food Truck Rodeos

Food Truck Rodeos at the Market have quickly become a Rochester tradition. Rodeos brings our community's creative mobile cuisine to the Market. Local brew and bands add to the flavor and fun. Free admission--bring your own folding chairs and tables! 5 - 9 p.m., August 29 and Sept. 26. www.cityofrochester.gov/foodtruckrodeo

14th Annual Artist Row

produced by the Friends of the Rochester Public Market, Artist Row is not just your average art show. With over 180 local artists, this event truly showcases the creativity of our community. Food and live music too; free admission!

Sunday, Sept. 16, 10 a.m. - 4 p.m. For more information, go to www. artistrowrochester.com, contact Friends of the Public Market at (585) 428-7292 or e-mail marketfriends@ rochester.rr.com

Halloween at the Market

A new addition to the Market special events series provides an extra, bonus dress-up and trick-or-treat opportunity for families--and a chance to connect with dozens of community organizations! Free admission. Sunday, Oct. 28. 4:30 - 7 p.m. www.cityofrochester.gov/ markethalloween

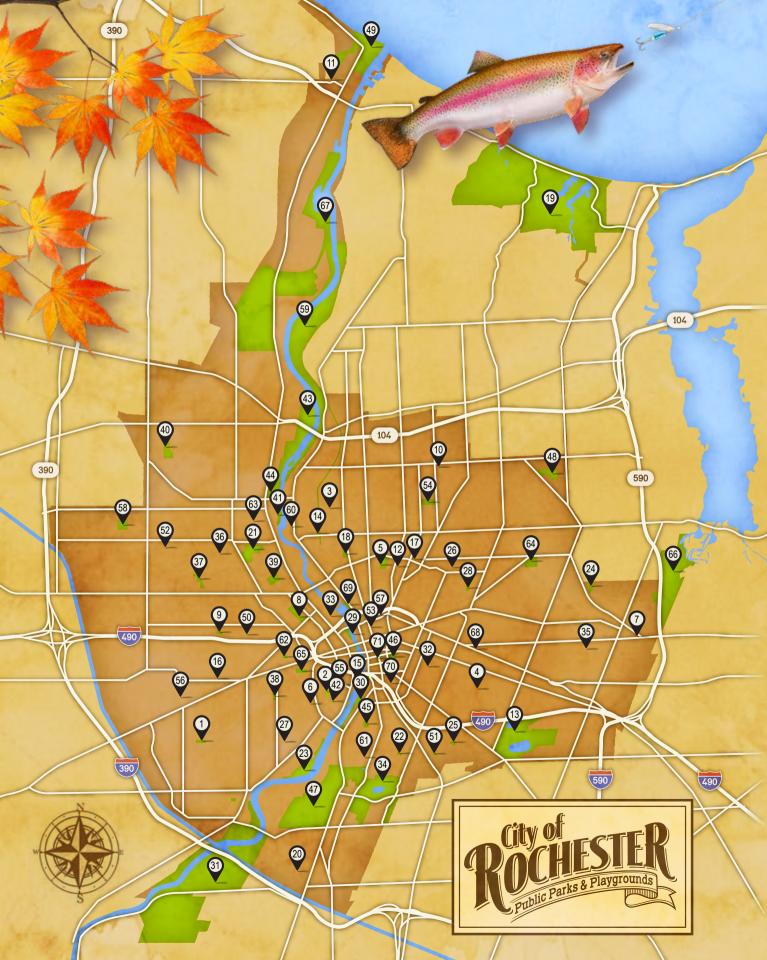
Holidays at the Market

A Rochester holiday tradition for over 25 years, Holidays at the Market features dozens of holiday-focused vendors (trees, decorations, holiday foods and crafts, gifts and much more), free carriage rides with Santa, cookie decorating and other fun activities!

9 a.m. - 3 p.m., Sundays, Nov. 25, Dec. 2, 9 and 16. (Carriage rides with Santa 10 a.m. - 2 p.m. only) Visit www.cityofrochester.gov/ holidaysatmarket







City of Rochester Parks & Playgrounds

Rochester has more than 3,500 acres of nationally recognized parks where you can explore, play, enjoy nature and entertain. Many parks were designed by famed landscape architect Frederick Law Olmsted, designer of New York City's Central Park. Rochester's parks offer sports fields, playgrounds, scenic overlooks, hiking trails, picnic areas, lodges, beaches and more.

- 1. Aberdeen Square 330 Post Ave.
- 2. Adams Street R-Center Playground 85 Adams St.
- 3. Avenue D R-Center Playground 200 Avenue D
- Baden Park
 Upper Falls Blvd. at Hazel St.
- Park Avenue Green Barrington St. at Park Ave.
- 6. Bronson Ave Playground
 Dr. Samuel McCree Way at Cady St.
- Browncroft Rose Garden Park 37 Merchants Rd.
- Brown Square / Verona Street Parks 251 Verona St.
- Campbell Street R-Center Playground
 524 Campbell St.
- Carter Street R-Center Playground 500 Carter St.
- 11. Charlotte Village Green Latta Rd. at Spanish Tr.
- 12. Clinton-Baden Recreation Center and Park 485 North Clinton Ave.
- 13. Cobb's Hill Park
 Culver Rd. at Norris Dr.
- 14. Conkey Corner Park and El Camino Trail
 Conkey Ave. at Clifford Ave.
- 15. Corn Hill Landing
 Exchange St. at S. Plymouth Ave.
- **16. Danforth Community Center** 200 West Ave.
- 17. David F. Gantt R-Center Playground
 700 North St.
- **18. Don Samuel Torres Playground** 70 Oakman St.
- 19. Durand Eastman Park
 Lake Shore Blvd. at Kings Highway
- 20. Eastmoreland Playground
 Eastmoreland Dr. and Shelbourne Rd.
- 21. Edgerton R-Center Playground and Park 41 Backus St.
- 22. Ellwanger and Barry Park Meigs St. at Linden St.
- 23. Exchange St Park & Playground Exchange St. next to fire station
- 24. Farmington Park 600 Merchants Rd.
- 25. Field St. Park 194 Field St.
- 26. First St Playground 140 First St.

- 27. Flint St R-Center Playground 271 Flint St.
- 28. Fourth & Peck Playground Fourth St. at Peck St.
- 29. Genesee Crossroads/Charles Carroll Parks
 Andrews St. to Main St. along river
- 30. Genesee Gateway Park
 Mount Hope Ave. at Gregory St.
- **31. Genesee Valley Park**Elmwood Ave. at the Genesee River
- 32. Goodwin Park
 End of Sibley Pl.
- 33. High Falls Park/Pont de Rennes
 Platt St. at Brown's Race
- 34. Highland Park 450 Highland Ave.
- 35. Humboldt R-Center Playground 1065 Atlantic Ave.
- 36. J.P. Riley Park 130 Santee St.
- 37. J.R. Wilson Park 160 Burrows St.
- **38. Jefferson Terrace**Jefferson Ave. at Jefferson Ter.
- 39. Jones Square 170 Saratoga Ave.
- 40. La Grange Park 409 LaGrange Ave.
- **41. Lower Falls Park**Hastings St. on Genesee River.
- 42. Lunsford Cir 441 Glasgow St.
- **43. Maplewood Park**Maplewood Dr and Seneca Pkwy
- **44. Maplewood Rose Garden**Lake Ave. at Avenue E
- **45. Marie Daley Park** 160 Gregory St.
- **46. Martin Luther King, Jr. Memorial Park**One Manhattan Sq.
- **47. Mount Hope Cemetery** 1133 Mount Hope Ave.
- **48. Norton Village Playground** 350 Waring Rd.
- **49. Ontario Beach Park** 4800 Lake Ave.
- **50. Orchard Park** Saxton St. at Campbell St.
- 51. Otto Henderberg Park Avon Pl.
- **52. Paul Bianchi Park** Emerson St. at Glide St.

- 53. Pleasant Sreet / St Joseph's Park
 Pleasant St.
- **54. Pulaski Park** 1200 North St.
- **55. Ralph Avery Park**Adams St. at Frederick Douglass St.
- 56. Roxie Ann Sinkler R-Center Playground
 75 Grover St.
- **57. Schiller Park**Andrews St. at Franklin Sq.
- **58. Sebastian Park** 20 Planet St.
- 59. Seneca Park 2222 Saint Paul St.
- 60. Seth Green Drive
 Saint Paul St. at Norton St.
- **61. Frederick Douglass R-Center Playground** 999 South Ave.
- **62. Susan B. Anthony Square Park** 39 King St.
- **63. Tacoma Park** 30 Tacoma St.
- **64. Thomas P. Ryan R-Center Playground** 530 Webster Ave.
- **65. Troup St. Park**Troup St. at Van Auker St.
- **66. Tryon Park**End of Tryon Park
- **67. Turning Point Park** 260 Boxart St.
- **68. University Ave Park**University Ave. at Merriman St.
- 69. Upper Falls Terrace Park 325 Saint Paul St.
- 70. Wadsworth Square Park
 Marshall St. at Broadway St.
- **71. Washington Square** 181 S. Clinton Ave.



City of Rochester, Department of Recreation and Youth Services 400 Dewey Ave Rochester, NY 14613 PRESORTED STANDARD MAIL US POSTAGE PAID ROCHESTER, NY Permit No. 4380



Recreation on the Move Van is rolling into your neighborhood!

Look for us in these neighborhoods from 3:30 to 6:30 p.m.!



DATES	LOCATIONS
Sept. 11-14:	Pulaski Park & JR Wilson Park
Sept. 18-21:	Ellwanger & Barry Park & JP Riley Park
Sept. 25-28:	Baden Park & Troup St Park
Oct. 2-5:	Don Samuel Torres Park & Tacoma Park
Oct. 9-12:	Grand Ave Playground & Jones Square Park
Oct. 16-19:	Fourth & Peck Park & Jefferson Terrace Park
Oct. 23-26:	University Ave Park & Bronson Park





